

David Saxon's book *God's Battle Plan for the Mind*, he studied the Puritan practice of meditating on Scripture and came to the following conclusion:

"The believer must set aside healthy, generous portions of time for personal devotions, prayer, and Bible meditation"

As one eats food for physical cravings, so do we need the Bible to fulfil our spiritual cravings. The Puritans simulated meditation to chewing and digesting one's meal. The Prophet Jeremiah said, "Your words were found, and I ate them, and Your word was to me the joy and rejoicing of my heart" (Jeremiah 15:16). Jesus answered, "The scripture says, 'Human beings cannot live on bread alone, but need every word that God speaks."" (Matthew 4:4)

There are times we are like teenagers when reading the Bible. Like teenagers eating a meal, we wolf down the word of God, trying to absorb as much of the word as possible with out intent of learning. Like our physical body, we need this time of meditation to think and to understand what it is that God is trying to tell us. Chewing like taking small bites so that we can ingest slowly and intently. Pondering while we sleep and as we rise, driving and or taking our daily jog.

When we chew and ingest our food, we get a bloated tummy and feel awful because we ate too quickly. So we must take our time and enjoy what the word has to offer us and what the word has to teach us so we can learn at our pace.

The Word of God is our nourishment, and we should "think on these things" *Philippians 4:8*

So ask yourself, "can you live on bread alone?" if not, what do you intend to do about it?



The Pastor Is In



You can catch me at the Church Mondays to Wednesdays and also Fridays from 9.00 to 12pm. OR phone my mobile on 0423 375 714



Prayer Points: Please pray for God's healing presence upon: Lisa, Chrissy and Syd and Lesley. If anyone wants to join the Prayer chain please let Judi know.

Easter Children's Program will be starting on 4 April - refer to the Community Page for further details.

Church Renovations Plumber has been to provide quote for the drainage out the back. An inspection has been organised to tell us if there is asbestos and the best possible solution for floor repairs.

Expressions of Interest - for Board positions of either Secretary or Treasurer. Persons must be a baptized member of the church and attended for minimum of 12 months.





What an Inspiration!

Growing Old does not and should not mean sitting back and watching the garden grow. Life is to precious to do just that, so living life right to the very end is what God intended us to do. Its amazing when we step outside our comfort

zones and give it a crack!. Go for a walk, join a club or visit friends or even fulfilling our bucket lists.

Something to think about, is there something you would like to do in the coming year? Community support is not just about helping the community at large but being there for those closest to us and providing support. Achieve with a SDD/R



Your Pantry is progressing nicely into the outer community. Touching the local schools and reaching out to families.

The rotation of food will be done on a monthly basis and all goods will be available to the participants of the breakfast on the table provided.

Easter Children 's program starts on 4 April.
Monday 4th April - Playful Possoms 10-12pm
Wednesday 6th April - Healthy cooking 2-4pm

(Guest Facilitator - Debbie Corin)

Friday 8th April - What can you make from nature?

Becoming a new Christian

So what does the Bible say about becoming a Christian?

Romans 5:8

But God shows his love for us in that while we were still sinners, Christ died for us.

Galatians 5:22-23

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law.

As Adam was created with choice so do we have choice. Once that choice is made, its the difference to allowing Christ or Satan to come into our lives.

What 's bigger than God giving his only son, who died on the cross for our sins?





Becoming a new Christian

I cant speak like a person who has never grown up knowing Christ, but having turned my back for almost 18 years, its like knowing God all over again. Having the choice to hand over your life and the pain you have been carrying, is an amazing weight lifted and feeling of freedom. You then begin to have hope and with hope amazing things happen. You start to change, you become a more happier and joyful person, your family and close friends sense a change in your demeanour. People treat you differently and begin once again to have trust in you, but little do they know its the work of the Holy Spirit. Only the Holy Spirit can give us love, joy, peace, kindness, faithfulness, and patience.

Let us make a recommitment and be thankful for all that he has given us. Amen.



CHURCH SERVICES 10 am Sunday

27 March 2016

Speaker: Judi **Reading:** Easter Sunday

3 April 2016

Speaker: Guest - Karen Kepert **Reading:** Chosen by Speaker

10 April 2016

Speaker: Colin Reading: Acts 9:1-6



CHILDREN'S SERVICES **10 am Sunday**

27 March 2016 Children in church

3 April 2016 What are the 7 specific ways we can worship

praise.

God? Discovering the wonderful ways of giving

10 April 2016

When a person places his/her faith in Jesus, God transforms their life. God has a purpose for each believer as they follow and serve Jesus. A great story to be unfolded.

WHAT'S ON

| MONDAY | Ladies in the shed Music with Mummies | 9.30-12.30pm 9.30-10.30 chapel |
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| TUESDAY | CS Mornington in the Mens Shed Music for Mommies | Men's Shed 9-12 noon 9-12noon chapel |
| WEDNESDAY | Community Breakfast Men's Shed | 8-10am—hall 9-2pm—backyard |
| THURSDAY | Men's ShedAA in the Chapel | 9-2pm—backyard 11am—chapel |
| FRIDAY | Bible Study for Women CS Aust Afternoon Games | 11-12am Annexe Men's Shed 9-12noon Chapel 12.30-3.30pm |
| SATURDAY | • Ladies in the shed | 10-1pm |
| SUNDAY | Worship Service Childrens Program | 10-11am—chapel Followed by cuppa—hal |

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